

## Risk factor: Personal challenges

For example, social uneasiness, sadness, various diagnoses such as ADHD, Autism spectrum disorders, sleep difficulties.

### Guides for action:

- Important that the school has a tight collaboration between all members in the support network: In Norway it may be: Educational Psychology Service (PPT), Child and Adolescent Psychiatry (BUP), Child Welfare, School nurse, Mental Health and Addiction Services, General Practitioner and more.
- Meeting with students and parents before the school year starts. For students with significant psychological/mental challenges or lacking more than 50% of the grading basis from primary and middle school.
- Extended school time to pass or to manage.
- Use of educational assistant in the classroom or suitable learning activities
- Observation and guidance of subject teachers in collaboration with the Educational Psychology Service (PPT)/other support team.